



**Lawrie Nicholson, C-PNP**  
**Dysfunctional Elimination Specialist**

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We are very excited to announce the formation of our new **C.A.R.E.** (**Continen**C**ce**A**nd**R**etraining**E**limination**.**) clinic and Lawrie Nicholson, C-PNP, the director of the **C.A.R.E.** clinic. As always we will be intimately involved and routinely participate in the care of your patients with pediatric urologic needs. The **C.A.R.E.** clinic and the recruitment of Ms. Nicholson were undertaken so that we can provide better and more intensive care for your pediatric patients (ages 2-18) with bladder and bowel dysfunction.**

**ABOUT THE C.A.R.E CLINIC.** The Continence and Retraining Elimination clinic is similar to the clinics that have been recently developed at major pediatric centers throughout the country. Typically these dysfunctional elimination clinics focus on the diagnosis, treatment and prevention of abnormal bladder and bowel function in children. The typical diagnoses and problems treated include:

- toilet training
- incontinence
- constipation
- frequency
- bedwetting
- encopresis
- urgency
- dysuria
- abdominal pain
- hesitancy
- urinary tract infections
- microscopic hematuria

In our **C.A.R.E.** clinic, pediatric urologists and the pediatric urology nurse practitioner will work together on the care of your patients. Our goal is to avoid unnecessary invasive testing and surgical procedures. Ultimately we wish to establish a pattern and lifestyle conducive to excellent bladder and bowel function throughout each child's lifetime. The **C.A.R.E.** clinic will be a center of excellence that will continue to provide the highest quality of care for children and adolescents with bladder and bowel dysfunction.

**ABOUT LAWRIE NICHOLSON, C-PNP** Ms. Nicholson is a certified pediatric nurse practitioner who, early in her career, established herself as an upcoming expert on dysfunctional elimination. She is a graduate of the University of Tennessee Nurse Practitioner program and has practiced general pediatrics. During this time she has returned to the University of Tennessee to teach dysfunctional elimination to the graduating pediatric nurse practitioner students. Recently she published a feature article in Advance for Nurse Practitioners. This article, entitled "*Dysfunctional Elimination Syndrome: Where Constipation, Daytime Urinary Problems and Bedwetting Merge*", can be found in the March 2007 issue, 15(3). The article was a review written by Ms. Nicholson and one of us. Ms. Nicholson will attend national meetings that focus on the treatment and prevention of bladder and bowel dysfunction in children. We are very fortunate to have Ms. Nicholson in our practice and she is now available to start seeing your patients by appointment.

Sincerely,

D. Preston Smith, M.D., F.A.A.P.

David E. Hill, M.D., F.A.A.P.